Selected papers are collected by the outcomes of the International Scientific School "Paradigma" (Summer-2015, Varna, Bulgaria). It contains selected research papers by the winners in various nominations of the conference. The issue present the author’s research generalizations of the urgent problems of Medicine.

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Preface

Dear colleagues and friends!

We suggest you to see a collection of scientific papers of the International Scientific School "Paradigma" on the direction “Medicine”.

It is prepared by Bulgarian and Russian doctors and specialists in related disciplines, as well as by their authors-colleagues from other foreign countries. The event held by "Humanitarian scientific journal" and the Research Studies Institute "Paradigma" with the activity and initiative of the staff members of authoritative “Portal of postgraduates” [www.aspirantura.spb.ru], and with the participation of authoritative scientists who is included in the Organizing Committee of the conference, turned the idea to this international forum.

Nearly seven decades of materials were received by the Organizing Committee and the editorial board of the "International Summer School "Paradigma" - Summer - 2015" on various areas of medical sciences. Among the authors there are well-known scientists in many countries and young generation going to replace them and to present to the reader their materials written joint with mentors.

This volume presents the part of scientific articles of the authors participated in the "International Summer School "Paradigma" - Summer - 2015". These articles are published on the basis of an agreement between the Organizing Committee of the school "Paradigma" and the Science Book Publishing House (Yelm, WA, USA).

We have no doubt that every reader will find information, which he can use in everyday scientific practice and improve the quality of care for our patients, what is the most important result of our activities. In addition, there is no doubt in the fact that the articles of this collection will give new impetus to the development of the complementary science of human health, the ways and methods of achieving an active, long and full life.

We wish our potential readers and authors to have the new ideas and success in their initiatives! Best wishes!

This issue presents selected papers on topics close to the Medicine. This is the modern and contemporary branch of science, covering fundamental and applied research areas in this field. All articles are selected and recommended after peer expert reviewing.

Compiling editors
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